

The Colin Morath Memorial Trophy

Position	Club	'Countback' Total		% Change
		Race 1 23-24	Race 1 24-25	
1	Knaresborough Striders	4809	3347	30.4
2	Ilkley Harriers	5170	3935	23.9
3	Wetherby Runners	5358	4351	18.8
4	Vale of York AC	4783	3965	17.1
5	Harrogate Harriers	3214	2671	16.9
6	Rothwell Harriers	4548	3856	15.2
7	York Tri Club	7616	6734	11.6
8	Airecentre Pacers	4547	4456	2.0
9	Kippax Harriers	5230	5145	1.6
10	St Theresa's AC	3100	3067	1.1
11	Ackworth Road Runners	4241	4238	0.1
12	Wharfedale Harriers	5698	5708	-0.2
13	Hyde Park Harriers	2567	2602	-1.4
14	Horsforth Harriers	3195	3288	-2.9
15	Chapel Allerton Runners	3191	3291	-3.1
16	Dragons RC	7961	8239	-3.5
17	Abbey Runners	2050	2158	-5.3
18	Bradford Airedale AC	6647	7138	-7.4
19	Roundhay Runners	2288	2606	-13.9
20	Valley Striders	1887	2168	-14.9
21	Kirkstall Harriers	3100	3654	-17.9
22	Nidd Valley Road Runners	3502	4729	-35.0
23	Saltaire Striders	4063	5803	-42.8
24	Horsforth Fellandale	4937	7126	-44.3
25	York Postal Harriers	3917	5913	-50.9